

SOUTH  
DUNFERMLINE



South Dunfermline Community Council Newsletter

# my community news

Issue No. 138 Summer 2021

Masterton Lea

Masterton Park

Middlebank Rise

Pitcorthie

Pitreavie



## Hello!

What a summer we have had so far! I have never known the weather to be as good in the school holidays, and never had to water the plants in our pots as much as I have done this year. Thanks to Margaret whom I saw doing the same at Pitreavie school one night when I was out!

Hopefully as this is landing on your doormat, we will be moving beyond level 0 and back to greater normality...

Sadly, we couldn't plan any events again this year but hopefully we should be able to in 2022. If anyone has any ideas for projects please get in touch, all suggestions are more than welcome.

We should shortly have Pitcorthie's first community library in place. Thanks to Craig Adam Joinery who has very kindly constructed a "free library" for us in his own time and cost and donated it to the area. We have permission from Fife Council to install this beside our noticeboard at Willow Grove. Members of the community council have volunteered to oversee this once it is installed.

There is already one on MacKinnon Place, and more information on how they work can be found at [www.littlefreelibrary.org](http://www.littlefreelibrary.org).

The next edition will be out in December, following which we should be back to four issues per year (Mar, Jun, Sep & Dec).

Please contact us should you wish to advertise, more details can be found on page 2, and remember all the local businesses that advertise with us if you are looking.

In the meantime, please stay safe and see you at Christmas!

**Alasdair Kay**

SDCC Chairman

## In this edition...

- Message from Rev. Monika Redman
- Pitreavie Primary ASC Play Area Proposal
- Retirement Pension



South Dunfermline Community Council



[sdcc2014@outlook.com](mailto:sdcc2014@outlook.com)



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### South Dunfermline Local Councillors



Conservative - David J Ross  
(01383 418570)



Labour - Ross Paterson  
(07515 290182)



Lib Dem - James Calder  
(07825 604016)



SNP - Fay Sinclair  
(07885 447252)

### South Dunfermline Community Council

Chairman - Alasdair Kay (07756 813766)

Vice Chairman - Dave Rodger

Treasurer - Mhairi Divertie

Secretary - Vacant

Members: Marion Knapman; Sharon Waugh;  
Nancy Porteous; John Ure; Morag Ure;  
Grace MacLachlan; Thana Mitchell

### Pitcorthie & District Events Committee (PADEC)

Chairman - Alasdair Kay (07756 813766)

Treasurer - Mhairi Divertie

Secretary - Morag Ure (736651)

Communications - Thana Mitchell

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South Dunfermline Community Council meets on the 1st Tuesday of every month, apart from July and August, at 7.45pm.

### NEWSLETTER

Editor - Thana Mitchell (07427 695323)

Treasurer - Mhairi Divertie

Advertising - Thana Mitchell

Design - Dave Rodger (07971 939259)

Communications - Thana Mitchell

OUR NEWSLETTER DEPENDS ON ADVERTISING. PLEASE CONTACT US IF YOU WISH TO PLACE AN ADVERT:

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## You will find a warm welcome at St Leonard's

Look out for the St Leonard's 'pencil' tower on Brucefield Avenue where you will always find a warm welcome, whether joining us in person or by zoom.

Our blended worship is held each Sunday at 10.15am. There is an 'all ages' sunday school and there is a creche area in the sanctuary for you and your little ones.

To join us in person, or on zoom, or for any other needs, please contact our caring, supportive and friendly ministry team at [minister@slpc.org.uk](mailto:minister@slpc.org.uk) or [office@slpc.org.uk](mailto:office@slpc.org.uk) or call 01383 620106

There's more information about fellowship groups, youth organisations, meetings, services and halls at [stleonardsparishchurch.org.uk](http://stleonardsparishchurch.org.uk) or find us on facebook at 'stleonardsparishchurch'

Wishing peace, love, joy and hope to all

St Leonard's Parish Church  
Brucefield Avenue,  
Dunfermline, KY11 4SX  
Scottish Charity SC 007799



## Yours Sincerely, or Yours Faithfully – A Message from Rev Monika Redman, St Leonard's Parish Church

I don't know about you, but I never did really master at school which of these was the appropriate way to conclude a letter – and it probably doesn't matter now, as most of my missives are emails, and end simply 'Mx'!

I seem to recall that the rule of thumb was something like, if you knew the person's name then you could be sincere, but if you didn't, you were simply faithful... The old joke goes that we need to practise appearing sincere... sincerity should shine out without needing practise – but the truth is that the appearance of something is less important than the actual substance, and sometimes we need to take ourselves in hand until our sincerity matches up to our good intentions...and perhaps that is where we are now – weary as we are of restrictions, both longing and fearful of what's ahead, but really wishing it was all over.

I don't know what stage we will be at when you read this. In some ways, it doesn't matter, because the thing we can practise being sincere about is our care for each other. Whether we know each other's name or not, in crowded or poorly ventilated areas, we can be sincere in our care for each other with a few simple actions – whether by choice or by regulation. If we simply choose to care faithfully for the needs of other people, then the details of this regulation, that policy, or even how long we might have to live like this, becomes much easier to deal with.

What I do know, is that by the time you read this, I'll be figuring out how to care sincerely for a completely unknown set of people! By August, I will be settling into a parish just north of Inverness. While I have never known most of your names, it has been my sincere desire to be one of the parish ministers caring for all of the people, here in Dunfermline.

And as a Church of Scotland minister, I've tried to do so 'faithfully' – if you'll excuse the pun! I've loved every part of being a minister here – the services (special like Christmas, and ordinary every week), the schools, the conversations in the cafes, the challenges of zoom, the companionship of other clergy...and of course when you've given me the privilege of helping you at times of sadness or distress like funerals.

Ministry will continue at St Leonard's, as the wider church sorts itself out. You may have noticed some of the covid-related changes that will continue. We now combine a service in the building and on zoom at 10.15 – just get in touch if you'd like to come to either 'venue'. We stream it live on a private Facebook page, and put up an edited recording publicly, too. And the leadership of St Leonard's will be working with other local church leaders to make sure that there is a sincere and faithful presence throughout our part of Dunfermline.

But now it's time to say farewell – that is, may all go well with you – and to do so both sincerely and faithfully!

*Monika Redman (Minister)*



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## PITREAVIE GOLF CLUB

**Welcome back everyone!**

The Club hosted the recent Euro 2021 which our members have enjoyed watching as well as golf on Sky TV in the Clubhouse. The catering staff have been busy serving their delicious food in our bistro style bar area with views overlooking the 1<sup>st</sup> tee and the 18<sup>th</sup> fairway and green. Want to experience our fantastic food, views and a friendly chat? Just pop in for a social membership at only £20 per year!

We are now taking bookings for functions so please contact Lynne Burnside, Bar & Functions Manager on T: 01383-722591 (option 3)/email: [pitreaviebar@gmail.com](mailto:pitreaviebar@gmail.com) for any enquiries.

Our golf membership is still full and we currently have a waiting list, the first time in 20 years so we are delighted!

### CONTACT US

T: 01383 722591 | E: [secretary@pitreaviegolfclub.co.uk](mailto:secretary@pitreaviegolfclub.co.uk)  
[www.pitreaviegolfclub.co.uk](http://www.pitreaviegolfclub.co.uk)

### Social Membership:

Only £20 per person from 30 June 2021 to 1 July 2022

### Catering:

KDN Catering Sunday Lunch Specials (1 - 4pm): 2 courses - £10 / 3 courses - £12  
 Mid-week Summer Special Offer (12 - 3pm): 2 courses - £8.95

### Golf Membership:

- Various memberships available (from juniors upwards)
- Memberships available from £295 (please check our website for current prices)
- Waiting list for full membership / finance available

### Sponsorship:

- Showcase your business on one of our holes with purchase of package from only £360 (details on our website)





# Volunteering Opportunity

Are you a good listener?

Would you like to make a real difference to a person's life?

**Yes...then we want to hear from you**

Volunteer Befrienders are urgently required in Fife. seescape, Fife's leading visual impairment charity, require more volunteers, to connect with our clients. Befriending is unique, it's about offering a friendly listening ear, providing contact and company to a person who may be lonely or isolated.

At present this is done over the telephone, but it is hoped visits can take place again in the future (this will be discussed with you at the start).

Full training, support and PVG membership is provided, along with the opportunity to become part of a great team!

## GET IN TOUCH:

CALL OR TEXT KIRSTIE ON: 07946 288712

DD: 01592 649 883

OFFICE: 01592 644 979 (ext: 2033)

EMAIL: [KIRSTIE.HENDERSON@SEESCAPE.ORG.UK](mailto:kirstie.henderson@seescape.org.uk)

WEBSITE: [WWW.SEESCAPE.ORG.UK](http://WWW.SEESCAPE.ORG.UK)



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## Volunteer Befriending: Creating Connections and Friendships in Fife

People affected by visual impairments are more likely to experience loneliness compared to the general population. This can result in poorer health outcomes and mental health issues.

Seescape – the leading visual impairment charity in Fife, urgently requires Volunteer Befrienders to connect with clients, referred for this support.

Seescape works with people living with visual impairments in Fife to enable them to live an independent life. Our community engagement programme, offer people the opportunity to connect with others, whether it's through social groups or chatting regularly with a Volunteer Befriender.

Our telephone befriending service has provided a lifeline for people during the pandemic, with weekly phone calls from a Volunteer Befriender offering clients the opportunity to chat and share interests with someone who suitably matched with them.

Seescape oversee all befriending partnerships to make sure people involved enjoy the experience, with ongoing support provided and regular monitoring.

There are many more people waiting on a Volunteer Befriender and we are looking for suitably motivated, friendly and empathetic people who can provide this much needed service in Fife.

Full training and support are provided, as well as the opportunity to engage with other volunteers through regular zoom meetings and other training events. PVG membership is also part of the scheme.

Whilst telephone has been established as an effective method of contact throughout the pandemic, and will continue, it is hoped visits can take place when it is safe for face-to-face contact to resume soon.

If you, or someone you know is interested and wants to find out more contact:

Kirstie Henderson on Mainline:

01592 644979 / Ext: 2033

DD: 01592 649 883

M: 07946 288712

Email:

[kirstie.henderson@seescape.org.uk](mailto:kirstie.henderson@seescape.org.uk)

[www.seescape.org.uk](http://www.seescape.org.uk)

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# Local History

With thanks to Alastair M. Redpath at:  
<https://www.facebook.com/ProjectDunfermline>

## **A Potted History of Pitreavie (Part 3)**

Pitreavie Primary School, which opened in 1969, is located within the Pitcorthie housing estate. There are 17 classrooms, a dual purpose hall, an ICT room, music/resources room, multi-purpose mobile classroom and office accommodation. The main entrance foyer is used as a reception and a display area for children's work.

To the south lies Pitreavie Business Park and Industrial Estate, with Carnegie Campus on the opposite side of Queensferry Road. Notable buildings include Caledonia House, prepared by Mercer Blaikie Architects in 1992, and Dunfermline's new £3.6 million Fire Station built by Hadden Group; it covers a mobilising area which includes 46,209 domestic and 2918 non-domestic properties. There is also a small wind farm here, originally developed in association with TechnipFMC.

When Queensferry Road was improved in 1917, Pitreavie Lodge was purchased and demolished at a cost of £750, to widen the road for the new tramway. Pitreavie Cottages (at 'The Entry') were demolished in recent times to make way for the Rosyth halt roundabout. In 1997, the £1.7 million Pitreavie link road was opened to link Pitreavie with the Eastern Expansion at Masterton.

On the east side of Queensferry Road is Pitreavie Playing Fields. The sports pavilion - built at a cost of £12,000 - was erected by the Carnegie Trust and opened on June 13, 1934, by Louise Carnegie. It was camouflaged during the Second World War, after which its clock tower was taken down.

Pitreavie Athletics Centre was first established as a simple cinder track in 1953 and officially opened in 1954 when the Scottish Schoolgirls' Championships were held. It is home to a range of facilities and clubs.

Pitreavie Golf Club opened in 1922, and was designed by the internationally-renowned architect Dr. Alister MacKenzie (1870-1934) - most famous for designing one of the world's finest courses at Augusta National in Georgia, home of the US Masters.

On the southern edges of Pitreavie you'll find the enigma that is the 1-mile long A823(M), one of the UK's shortest motorways. Opened in 1964, it is all that remains of a planned east-west Fife Motorway designated as M92, that would have run from the M876 at Kincardine to Glenrothes - hence the strange unfinished exits at either end of Pitreavie. A short westward extension to provide a bypass for Rosyth was contemplated in the early 1990s, but has yet to materialise.



Photo credit:  
<https://www.fifeleisure.org.uk/locations/>

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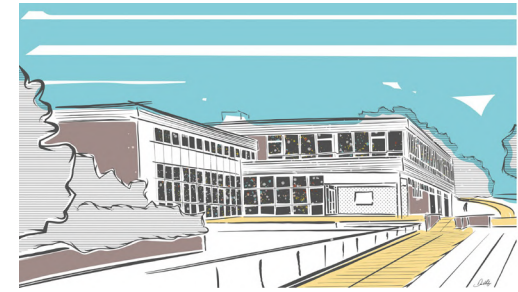


**Pitreavie Primary School ASC Play Area Proposal**

At Pitreavie Primary School our main goal is to encourage and support our pupils to fulfil their potential in all areas of school life. This includes supporting our pupils' health and wellbeing by providing appropriate opportunities for play and movement.

With that in mind, the school (with the support of Pitreavie Primary Parent Council) is currently fundraising for a project to provide a safe, secure, stimulating and inclusive outside play area for the pupils in Pitreavie Primary School's Additional Support Classes (ASC) within the mainstream playground.

As the school is a public footway for people who live on the Pitcorthie estate, the new play area would also provide an enhanced play offering to the residents in the local community outside of school hours.



The creation of the play area would provide a different sort of play experience for the local community which would complement the current trim trails on the school grounds.

We have successfully raised £25,478 from Fife Environment Trust (FET) towards the total cost of the project and are currently fundraising for the remaining amount.

It is so important for our prospective funders to see that our project has support within the community.

**As ever, we thank you for your support.**



*"If they are to enjoy and benefit from play, children need time to play, sufficient space to move around fast and freely, and an environment that offers a wide variety of experiences." Play Scotland*

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### Police Report

Back in mid May, I had provided information relating to Parking at Schools and Anti-Social Behaviour.

The school holidays have obviously removed the parking/congestion concerns short term. Primary schools and nurseries will soon have children as young as 3 years old attending for the first time.

It is my understanding that school Headteachers will promote responsible parking through new term information letters and social media feeds to existing/new parents and children.

This safety information will also be echoed at their respective induction meetings.

Each school will continue to work with partners including the police to update their school travel and traffic management plans.

Our Police Community Team will continue to deploy outside schools as part of our PARK SAFE initiative. To engage positively with parents, children and drivers to promote safe driving and offer corrective advice when necessary.

It is expected that some streets surrounding primary schools may become congested for short periods during pick-ups and drop-offs. Our recommendation to residents and parents is to drive within the speed limits and drive appropriately around areas with higher levels of footfall, giving additional consideration to vulnerable (children) road users.

In terms of Anti-Social Behaviour concerns, our police team has been proactive in patrolling your community, engaging with residents and young people.

There hasn't been any significant incidents or issues raised over the past couple of months.

*PC Scott Morgan*



### Stagecoach to Create 80 Jobs at New UK Customer Contact Centre in Scotland

- One-stop phone and digital contact point for customers to open in spring 2022
- Extended opening hours and investment in new technology to improve customer service
- Vote of confidence in Perth welcomed by local authority and business groups

Stagecoach, the UK's biggest bus operator, has announced plans to create 80 jobs at a new customer contact centre in Perth, Scotland.

The new one-stop phone and digital contact point for customers will be based at the company's existing headquarters in the city and is planned to open in spring 2022.

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# Pensions

## Your Retirement Pension

There is no more topical subject today than 'Pensions'.

No matter your age 18 – 65, your Pension is going to play a large part in your future life. So, get it right – It is never too early or too late to start looking at your Pension situation. Viewed by many of us as complex, Pension Planning is often something we put off doing or never get round to addressing.

With the State Pension age now at 67 and looking to rise further, there is a 'sense of urgency' to check you have properly planned for a secure retirement.

Some questions you may ask yourself:

- Have I given sufficient thought to how I will manage financially when I retire?
- Will I have to trundle on working beyond my desired Retirement age because I have insufficient pension funds?
- How will I be placed if I develop ill health and cannot work to the extended retirement age of 67?

**Get your concerns and questions answered now.**

You may be approaching Retirement with several Pension funds in different places and unsure how to deal with these on your own.

Get a clear picture of your current Pension position and ensure you know all your future options open to you.

As an Independent Financial Adviser, Marylyn can offer you an initial **free Pension Review meeting** where your concerns and questions can be discussed.

You have nothing to lose only everything to gain as you should feel more in control of your Pension situation following the meeting.

Contact Marylyn now on **07967 115 582** or **01383 414 424** to arrange a time to meet.



## NHS Fife Community Testing

Several testing sites are available across Fife for members of the public with symptoms.

Anyone with the symptoms of COVID-19 should book a test at [www.nhsinform.scot](http://www.nhsinform.scot) or call 0800 028 2816. If support is needed with the booking process, call 119.

Testing for individuals without symptoms is available through their community testing sites and mobile testing units - available to the public on a drop-in basis. More information and current locations can be found at [www.nhsfife.org](http://www.nhsfife.org).

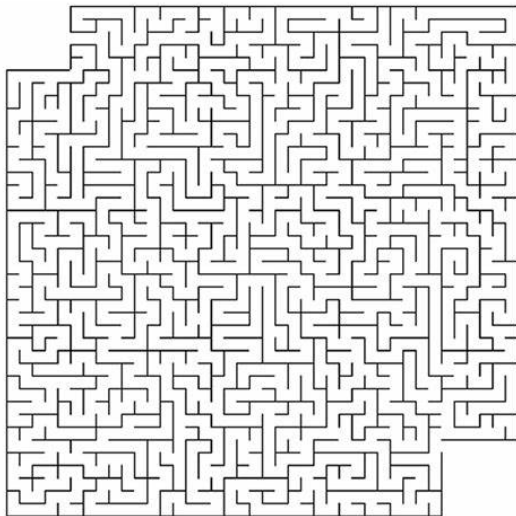
# Puzzle Corner

## Active Dunfermline

			8					
7	8	9		1				6
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		7					5	
5		8	7		9	3		4
	4					2		
		3	2					
8				7		4	3	9
					1			


1. Sudoku

2. Can you beat the maze?



3. How many squares are there?

4. Brainteasers:

A) What has cities, but no houses; forests, but no trees; and water, but no fish?

B) What do you throw out when you want to use it but take in when you don't want to use it?

C) Guess the next three letters in the series GTNTL

D) A sundial has the fewest moving parts of any timepiece. Which has the most?

E) A family has two parents and six sons. Each of the sons has one sister. How many people are in the family?

Answers on Page 31

Dunfermline Fencing Club	Mr M O'Neill	736661	St. Leonard's Church	Rev. Monika Redman	620106
Dunfermline Tennis Club	Pat Reid	724262	Dunfermline East Church	Rev. Andrew Morrice	07815 719301
UK Tae Kwon Do	Master Rooney	01786 845060	Dunfermline Free Church	Rev. Jeremy Ross	320155
Rosyth Bowling Club	Brian Heggie	07867 117710	Anchor Boys	Janet Brown	732533
Charlestown Bowling Club	Bob Owens	872696	Beaver Colony	Sarah Jane Dale	07894 505956
Dunfermline Water Polo Club (DWPC)	Richard Metcalfe	727414	39th Scout Group	Keith Strachan	735399
Pitreavie AAC	secretary@pitreavie-aac.co.uk		Pitcorthie Playgroup	Mrs S Paterson	729666
Dunfermline Bowling Club	Gaynor Hynd-Hill	732760	Pitreavie Playgroup	Fiona Barcroft	622107 07811 219785
Carnegie Harriers	enquiries@carnegie-harriers.co.uk		Dunfermline Dads		07809 406159
Headwell Bowling & Social Club	A Falconer	731417 or 07530 270884	Duloch Parent & Toddlers	Nicola Simpson	07855 329186
Global Tae Kwon Do	Laura Cunningham	07791 850569	Carnegie Trefoil Guild	M McLoughlin A Baxter	734098 720112
Pitreavie Golf Club		722591	Dunfermline Floral Art Club	Jean McLean	738529
Dunfermline Track & Field Club	membershipdtfc@gmail.com		Dunfermline Heart Support	John Ord	724809 07547 549286
Fife Jive Dance	Bill Foreman	07962 041423	Dunfermline Historical Soc.	Mrs C Allan	722373
Dunfermline Folk Club	Gifford Lind Jeanie Gardiner	729673 725872	Trondheim Twinning Assoc.	Gifford Lind	729673
Highland Dancing	Mrs A Brown	734606	Dunfermline Ramblers	Rob & Margaret Pearson	823486
Scottish Country Dancing	Amy Drysdale	659923	Dunfermline Photographic Association	David Bolton	725074
			PH Racing Club	phracingclub@gmail.com	

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**SDCC Update**

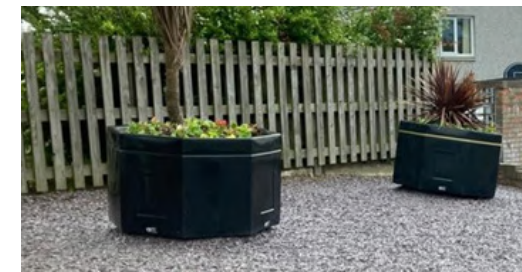
**Litter Picking**

We did our bit of cleaning for the community on 13 June when a few of our members together with Councillors James Calder and David J. Ross collected a total of 8 bags from litter picking around the Pitreavie Golf Club path and surrounding areas.



**Summer Pots**

Our summer pots have been planted at Merlin Drive decking and Pitreavie Primary plus the grass strimmered at Willow Grove and Evershed Drive. Many thanks to our chairman for taking care of it and also to our volunteer, Margaret Colley who maintains the pots outside Pitreavie Primary.



Please take note that there will only be 3 issues of our newsletter this year – April, August and December.

# Tranquil Haven

## Are We All Football Mad?

I'm writing this during the Euro 2020 football tournament. Those who know me, know I hate football, but my husband who's English loves football, so for the last few weeks, he's been keeping me up-to-date with the ups and downs of Euro 2020 football. By the way, I was initially puzzled and questioned why it was called Euro 2020 when it was being played in the middle of 2021. Now I know why.

Even though I'm not a football fan, and the Euro 2020 in particular, seem very similar to life itself: the ups and downs, the planning, preparation and training, the expectations, the pre-match anxiety, the team-work, the individual contributions, the differences between individuals, the hard work and fun, the relief when it's over, the sorrow of loss, the ecstasy of success.

Even Bill Shankly, the Liverpool manager, could see the similarity between football and the whole of human life when he said: "Some people think football is a matter of life and death. I don't like that attitude. I can assure them it is much more serious than that."

During this particular tournament, we seem to have shared many of its trials and tribulations, not just as individuals, but as families, groups, neighbourhoods and nations. Why? I'm not sure. Perhaps it's due to COVID, lockdowns, or the fact that Scotland, Wales and England ALL qualified for the competition, but only England got through to the knock-out stages.

Which brings me to another topical subject – the anxieties of children, pupils and students: who have been unable to attend schools, colleges and universities; share fun and failures with their friends; sit exams; and not be able to attend clubs, camps and end of term proms and parties.

Our children have missed-out on so much and they now need some of that Euro 2020 sharing, caring and comradery to help them overcome their disappointments and anxieties.

One of the great things about children, is that they can quickly make up for lost time. They have voracious appetites – ask anyone with a teenager. And they learn so quickly – ask anyone with a 10-year old who has helped their grandparents with social media or a new phone!

So don't despair, believe in your kids and give them the support and understanding they need, as they overcome their disappointments and catch-up with their learning. Which brings me back to another quote from Bill Shankly that is very relevant, "A lot of football success is in the mind. You must believe you are the best and then make sure that you are."

At difficult times like this, we all need to have faith and believe in ourselves and others. And if you need help in other ways, see the Netflix film 'The Secret: Dare To Dream' or you could try reflexology...

If you would like to know more about complementary therapies such as Reflexology contact:

Catherine Harper on:

07962 975124

or email [catherine@tranquilhaven.co.uk](mailto:catherine@tranquilhaven.co.uk)

or check out [www.tranquilhaven.co.uk](http://www.tranquilhaven.co.uk)



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## Leek, Red Pepper and Blue Cheese Tart

We have been lucky to have great summer weather the last few weeks and here's an easy to make summer quiche to enjoy!

Ingredients:

- 1 large leek (about 300g/12oz) washed and sliced
- Knob of butter
- 2 medium eggs
- 200ml pot of crème fraiche
- 21cm (8½in) pastry case (store bought ready-made)
- 100g (3½oz) blue cheese
- 2 ready-roasted peppers cut into strips

1. Set the oven to gas mark 5 or 190°C. Add the leek and butter to a hot frying pan and cook gently for 5 minutes until softened.

2. Beat the eggs and crème fraiche together in a jug. Put the leeks into the pastry case on a baking tray and crumble in half the cheese.

3. Pour the egg mixture into the tart case. Dot with the rest of the cheese and add strips of pepper. Bake for 35 minutes.



Recipe and image from: [www.goodto.com](http://www.goodto.com)

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# FIFE GOOD NEIGHBOURS AND COMMUNITY TRANSPORT

## GET A LIFT WITH US

### Do you need help with transport to

- Attend medical appointments
- Do some shopping
- Visit friends or a club
- Get out and about

We can also arrange for someone to visit you in your own home.



To find out more contact us on **01592 269 654**  
Email [fifegnhs@royalvoluntaryservice.org.uk](mailto:fifegnhs@royalvoluntaryservice.org.uk)

## VOLUNTEER WITH US

Would you like to help older people in your local community? If you have a few hours, Royal Voluntary Service would like to hear from you.

Our volunteers share time because it's enjoyable and rewarding. You will be fully trained and expenses are reimbursed.



**ROYAL VOLUNTARY SERVICE**

*Together for older people*

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## West Fife Community Transport

### Do you need help to get out and about?

- Medical appointments
- Do some shopping
- Visit friends
- Attend to personal business

We know if you are stuck at home, life's not much fun. Our volunteers provide door to door transport, assistance, and friendship for anyone in need.

There is a charge to use our service to cover volunteer's expenses. This will be explained in detail when you contact us. If you are visually impaired, you may be able to use our service free of charge with support from the Lady Margaret Skiffington Trust.

We also have two minibuses for use by community groups and clubs. All our volunteers undergo a PVG Scotland check and are subject to a rigorous recruitment process.

**Do something amazing, volunteer today. We urgently need more volunteers in West Fife.**

Would you like to help people in your local community? If you have a few hours to spare, then we would like to hear from you. Our volunteers share time because it is enjoyable and rewarding. You will be fully trained, and all expenses reimbursed.

## Volunteering changes lives

Volunteering with the Royal Voluntary Service won't just help transform the lives of older people, it will change your life too. A couple of hours volunteering will make you feel great. You will be amazed what effect one conversation, one laugh from someone who has spent days alone or a heartfelt thank you can have.

## Volunteering gets you out and about

As a volunteer you won't be stuck doing the same thing and you certainly won't be stuck indoors. Our volunteers will ensure that our clients are transported safely to and from various medical and personal appointments.

To find out more, contact us:

Tel: 01592 269 654

Email:

[fifegnhs@royalvoluntaryservice.org.uk](mailto:fifegnhs@royalvoluntaryservice.org.uk)

or write to:

New Volunteer House, 16 East Fergus Place, Kirkcaldy KY1 1XT

# FIFE WILL WRITERS



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## Pitcorthie Playgroup

John Marshall Community Centre  
Pitreavie Primary School Grounds  
Pitcorthie Drive  
Dunfermline, KY11 8AB  
Tel: 01383 602382 / 729666  
www.pitcorthieplaygroup.co.uk  
Follow us on Facebook

We are a long established playgroup at the heart of the community for over 40 years providing a safe, fun and nurturing environment for children aged 2½ to 5 years old.

We offer both morning and longer sessions from Mondays to Fridays with funded places available through Fife Council.

- Weekly woodland walks
- Healthy snacks are provided
- Childcare vouchers accepted
- Members of Early Years Scotland, regularly inspected by Care Inspectorate and HMLE



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## Pitreavie Playgroup

Charity Number SC022912



The Playgroup is situated in its own bungalow with a secure garden and plenty of free parking. There are a maximum of 12 children at each session.

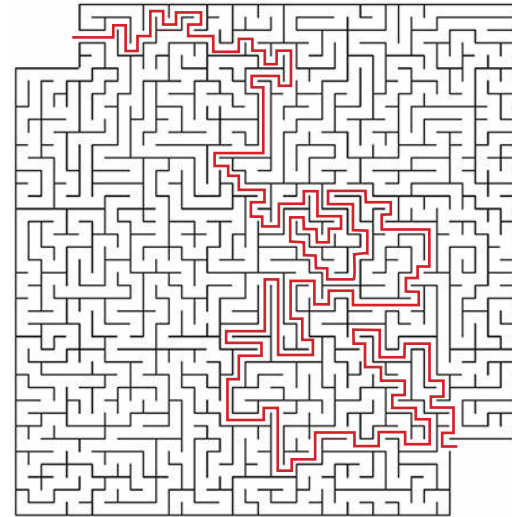
- Places available for children aged from 2 years old
- Funded places for 3 and 4 year-olds
- Choose from morning, afternoon or all day sessions
- Open: Mornings for 50 weeks of the year and afternoons during term time



For more information or to arrange a visit, please contact Fiona on 01383 622107 or 07811 219785  
pitreavieplaygroup@hotmail.co.uk  
www.pitreavieplaygroup.com  
Find us on Facebook

The Bungalow  
Pitreavie Playingfields  
Queensferry Road  
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1	6	5	8	4	7	9	2	3
7	8	9	3	1	2	5	4	6
4	3	2	5	9	6	1	7	8
2	9	7	4	6	3	8	5	1
5	1	8	7	2	9	3	6	4
3	4	6	1	5	8	2	9	7
9	7	3	2	8	4	6	1	5
8	2	1	6	7	5	4	3	9
6	5	4	9	3	1	7	8	2



How many squares? 30

- A) A map
- B) An Anchor
- C) I, T, S - The complete sequence is the first letter of every word in the sentence.
- D) An Hourglass - all those grains of sand
- E) Nine. Two parents, six sons, one daughter!

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Dog Warden	03451 550 022
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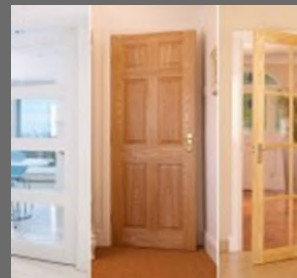




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